



FONDAZIONE  
INTERNAZIONALE  
MENARINI



UNIVERSIDAD PERUANA  
**CAYETANO HEREDIA**



CARDIOVASCULAR SYMPOSIUM:  
**state of the art of**

**CARDIOVASCULAR**

**DISEASE**

*in*  
Latin America

**LIMA | JUNE 6<sup>th</sup> AND 7<sup>th</sup> 2019**

**VENUE:** Westin Lima Hotel & Convention Centre

**Organized by**

Universidad Peruana Cayetano Heredia (Lima, Peru)  
Hospital Clínico, University of Valencia (Valencia, Spain)  
and Fondazione Internazionale Menarini

**PRESIDENTS OF THE SYMPOSIUM**

**FÉLIX MEDINA PALOMINO**

Universidad Peruana Cayetano Heredia  
Lima, Peru

**JOSEP REDÓN**

Hospital Clínico, University of Valencia  
Valencia, Spain



## ORGANIZED BY



UNIVERSIDAD PERUANA  
**CAYETANO HEREDIA**

### **UNIVERSIDAD PERUANA CAYETANO HEREDIA**

Lima, Peru



### **HOSPITAL CLINICO, UNIVERSITY OF VALENCIA**

Valencia, Spain

and



FONDAZIONE  
INTERNAZIONALE  
MENARINI

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## ORGANIZING SECRETARIAT

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## PRESIDENTS OF THE SYMPOSIUM

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Valencia, Spain

## THURSDAY, JUNE 6<sup>th</sup>, 2019

08.00 a.m.	PARTICIPANTS REGISTRATION
09.00 a.m.	<b>Welcome Addresses</b> <b>Josep Redón</b> (Valencia, ES), <b>Félix Medina Palomino</b> (Lima, PE)

### 1<sup>st</sup> MASTER CLASS: HOW TO APPLY HBP GUIDELINES TO LATIN AMERICA

Chairpersons:	<b>J. M. Drago Silva</b> (Lima, PE), <b>E. Peñaherrera</b> (Guayaquil, EC)
09.10 a.m.	<b>P. López-Jaramillo</b> (Bucaramanga, CO) Epidemiologic Transition of Cardiovascular Risk Factors in Latin America and Ethnicity Variations
09.30 a.m.	<b>F. Wyss</b> (Guatemala City, GT) BP Objectives to Decrease Morbidity and Mortality: When to Initiate Antihypertensive Treatment?
09.50 a.m.	<b>P. López-Jaramillo</b> (Bucaramanga, CO), <b>F. Wyss</b> (Guatemala City, GT) Clinical case: Hypertension-Mediated Organ Damage Regression and Cardiovascular Risk Reduction with Antihypertensive Treatment
10.30 a.m.	<b>DISCUSSION</b>
10.50 a.m.	<i>Coffee Break</i>

### 2<sup>nd</sup> MASTER CLASS: HYPERTENSION APPROACH AT LOW-MODERATE CARDIOVASCULAR RISK

Chairpersons:	<b>R. Barreto Farfán</b> (Lima, PE), <b>F. Wyss</b> (Guatemala City, GT)
11.20 a.m.	<b>O. Valdez Tiburcio</b> (Santo Domingo, DO) Antihypertensive Combination Therapy: How to Match the Antihypertensive Treatment With the Clinical Characteristics of the Patient?
11.40 a.m.	<b>L. Alcocer Díaz Barreiro</b> (Mexico City, MX) Hypertension in Obesity, Metabolic Syndrome and Diabetes Mellitus
12.00 p.m.	<b>L. Alcocer Díaz Barreiro</b> (Mexico City, MX), <b>O. Valdez Tiburcio</b> (Santo Domingo, DO) Clinical Case: Hypertension in Type II Diabetes
12.40 p.m.	<b>DISCUSSION</b>
01.00 p.m.	<i>Buffet Lunch</i>

## THURSDAY, JUNE 6<sup>th</sup>, 2019

### 3<sup>rd</sup> MASTER CLASS: HYPERTENSION APPROACH AT HIGH CARDIOVASCULAR RISK

Chairpersons:	<b>J. A. Franchini Ramires</b> (Sao Paulo, BR), <b>J. A. López Rivera</b> (San Cristobal Tachira, VE)
02.00 p.m.	<b>J. Redón</b> (Valencia, ES) Hypertension and Chronic Kidney Disease
02.20 p.m.	<b>A. Coca</b> (Barcelona, ES) Hypertension and Cerebrovascular Disease
02.40 p.m.	<b>A. Coca</b> (Barcelona, ES), <b>J. Redón</b> (Valencia, ES) Clinical Case: Hypertension in Elderly
03.20 p.m.	<b>DISCUSSION</b>
03.40 p.m.	<i>Coffee Break</i>

### 4<sup>th</sup> MASTER CLASS: HEART DISEASE

Chairperson:	<b>G. A. Moncada Paz</b> (Tegucigalpa, HN)
04.10 p.m.	<b>J. D. López Ponce de León</b> (Cali, CO) Epidemiology and Relevance of Cardiovascular Diseases in Latin America
04.30 p.m.	<b>G. Ambrosio</b> (Perugia, IT) Update in Coronary Artery Disease
04.50 p.m.	<b>G. Ambrosio</b> (Perugia, IT), <b>J. D. López Ponce de León</b> (Cali, CO) Clinical Case: Heart Failure and Chronic Stable Angina
05.30 p.m.	<b>DISCUSSION</b>

### KEYNOTE SPEECHES

Chairpersons:	<b>V. V. Barrios Alonso</b> (Madrid, ES), <b>L. Piegas</b> (Sao Paulo, BR)
06.00 p.m.	<b>G. A. Moncada Paz</b> (Tegucigalpa, HN) What is new in Heart Failure 2019?
06.30 p.m.	<b>R. M. Iglesias</b> (Buenos Aires, AR) What is New in Atrial Fibrillation?
07.00 p.m.	<b>END OF THE SESSIONS</b>

## FRIDAY, JUNE 7<sup>th</sup>, 2019

### 5<sup>th</sup> MASTER CLASS: CARDIOVASCULAR RISK: GENDER AND ETHNIC DIFFERENCES

Chairpersons:	<b>G. Castillo Chaves</b> (Cartago, CR), <b>O. Valdez Tiburcio</b> (Santo Domingo, DO)
09.00 a.m.	<b>M. Diaz</b> (Montevideo, UY) Gender Differences in Latin America in Cardiovascular Risk
09.20 a.m.	<b>P. López-Jaramillo</b> (Bucaramanga, CO) Ethnic Differences in Latin America in Cardiovascular Risk
09.40 a.m.	<b>M. Diaz</b> (Montevideo, UY), <b>P. López-Jaramillo</b> (Bucaramanga, CO) Clinical case: Women, Pregnancy, Oral Contraception, and Hormone-Replacement Therapy
10.20 a.m.	<b>DISCUSSION</b>
10.40 a.m.	<i>Coffee Break</i>

### 6<sup>th</sup> MASTER CLASS: CARDIOVASCULAR RISK AND COMORBIDITIES

Chairpersons:	<b>J. Lara Terán</b> (Guayaquil, EC), <b>J. D. López Ponce de León</b> (Cali, CO)
11.10 a.m.	<b>V. Bertomeu Martinez</b> (Alicante, ES) Oral Anticoagulants in Cardiovascular Disease
11.30 a.m.	<b>F. Medina Palomino</b> (Lima, PE) Arteriosclerosis and Increased Arterial Stiffness
11.50 a.m.	<b>V. Bertomeu</b> (Alicante, ES), <b>F. Medina Palomino</b> (Lima, PE) Clinical Case: Hypertension and Atrial Fibrillation
12.30 p.m.	<b>DISCUSSION</b>
01.00 p.m.	<i>Buffet Lunch</i>

FRIDAY, JUNE 7<sup>th</sup>, 2019

**7<sup>th</sup> MASTER CLASS:  
THERAPEUTIC TREATMENTS**

Chairpersons:	<b>L. Alcocer Díaz Barreiro</b> (Mexico City, MX), <b>F. Medina Palomino</b> (Lima, PE)
02.00 p.m.	<b>A. Coca</b> (Barcelona, ES) Differences and Similarities in ACEI
02.40 p.m.	<b>V. Barrios</b> (Madrid, ES) Differences and Similarities of ARBs
03.20 p.m.	<b>J. Redón</b> (Valencia, ES) Differences and Similarities in Beta Blockers
04.00 p.m.	<b>G. Ambrosio</b> (Perugia, IT) Anti-ischemic and Antianginal Effects in Stable Coronary Disease
04.40 p.m.	<b>DISCUSSION</b>
05.30 p.m.	<b>CLOSING REMARKS</b> <b>J. Redón</b> (Valencia, ES), <b>F. Medina Palomino</b> (Lima, PE)

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## GENERAL INFORMATION

### MEETING VENUE

*The venue for the Meeting will be:*

*“Westin Lima Hotel & Convention Centre”*

*Calle Las Begonias 450, San Isidro, Lima, Peru*

### SECRETARIAT DURING THE MEETING

The secretariat will be open at the following times:

Thursday, June 6<sup>th</sup> 2019 from 08.00 a.m. to 07.00 p.m.

Friday, June 7<sup>th</sup> 2019 from 08.00 a.m. to 06.00 p.m.

### OFFICIAL LANGUAGE

The official language of the Meeting will be Spanish.

### REGISTRATION

The Meeting is free to attend.

Please confirm the participation to the Organizing Secretariat.

### ORGANIZING SECRETARIAT

#### TARGET MOTIVATION SRL

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### TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections.

A business center with PC (Powerpoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

Thursday, June 6<sup>th</sup> 2019 from 08.00 a.m. to 07.00 p.m.

Friday, June 7<sup>th</sup> 2019 from 08.00 a.m. to 06.00 p.m

### LUNCHESS AND COFFEE BREAKS

Lunches and coffee breaks will be served in the Meeting area.



Fondazione Internazionale Menarini  
Symposia: n. 421



For more information and for the registration to the Congress,  
visit the following website: [www.fondazione-menarini.it](http://www.fondazione-menarini.it)